

High-Frequency Word List: Grade 1

The Grade 1 High-Frequency Word List includes all high-frequency words (regularly and irregularly spelled) taught in the Reading Foundations Skills Block, Grade 1 Modules. For ease of reference, the words are listed in alphabetical order. (To see the words listed in the sequence they are taught within each module, by cycle, refer to each Grade 1 Module Overview.)

The high-frequency words were chosen based on frequency in the English language, which was determined by referencing the Dolch and Fry Word Lists. Approximate phase of reading and spelling development as determined by grade level and module were also taken into consideration.

The Grade 1 lessons include specific instructional practices for teaching all of the identified grade level high-frequency words. In the lessons, high-frequency words are described in three different categories:

- “irregularly spelled” (the word does not follow a common spelling pattern)
- “decodable” (the word follows a common, taught spelling pattern)
- “not easily decodable” (the word follows a common spelling pattern that has not yet been taught).

The words on the high-frequency word list are not simply meant to be memorized throughout the year. Instead, the lessons and Teaching Notes give guidance for how to talk about these words with students and how to facilitate word analysis (noticing familiar phonemes and spelling patterns, even in words that are irregularly spelled).

Grade 1 High-Frequency Words					
a	come	his	not	stop	watch
a lot	could	how	now	take	way
about	day	I	of	thank	we
again	did	if	old	that	went
after	do	in	on	the	were
ago	does	into	one	them	what
all	eat	is	only	then	when
also	every	it	or	there	where
always	for	just	out	these	which
am	from	knew	over	they	who
an	fun	know	play	think	work
and	get	laugh	put	this	why
anymore	give	let	really	three	will
are	go	like	red	through	with
around	gone	little	said	time	would
as	good	long	same	to	yes
ask	got	look	saw	today	yet
at	had	may	say	together	you
be	has	make	says	too	your
began	have	man	see	under	
behind	he	many	she	up	
big	help	me	should	us	
both	her	much	so	use	
but	here	must	some	very	
by	him	my	sometimes	want	
bye	himself	next	soon	was	
can		no	still		