

High Frequency Word List

The Grade 1 High-Frequency Word List includes all high-frequency words (regularly and irregularly-spelled) taught in the Reading Foundations Skills Block, Grade 1 Modules. For ease of reference, the words are listed in alphabetical order. (To see the words listed in the sequence they are taught within each module, by cycle, refer to each Grade 1 Module Overview)

The high-frequency words were chosen based on frequency in the English language, which was determined by referencing the Dolch and Fry Word Lists. Approximate phase of reading and spelling development as determined by grade level and module were also taken into consideration.

The Grade 1 lessons include specific instructional practices for teaching all of the identified grade level high-frequency words. In the lessons, high-frequency words are described in three different categories:

- “irregularly-spelled” (the word does not follow a common spelling pattern)
- “decodable” (the word follows a common, taught spelling pattern)
- “not-easily-decodable” (the word follows a common spelling pattern that has not yet been taught).

The words on the high frequency word list are not simply meant to be memorized throughout the year. Instead, the lessons and Teaching Notes give guidance for how to talk about these words with students and how to facilitate word analysis (noticing familiar phonemes and spelling patterns, even in words that irregularly-spelled).

High Frequency Word List

Grade 1 High Frequency Words					
a	come	his	not	stop	watch
a lot	could	how	now	take	way
about	day	I	of	thank	we
again	did	if	old	that	went
after	do	in	on	the	were
ago	does	into	one	them	what
all	eat	is	only	then	when
also	every	it	or	there	where
always	fly	just	out	these	which
am	for	knew	over	they	who
an	from	know	play	think	work
and	fun	laugh	put	this	why
anymore	get	let	really	three	will
are	give	like	red	through	with
around	go	little	said	time	would
as	gone	long	same	to	yes
ask	good	look	saw	today	yet
at	got	may	say	together	you
be	had	make	says	too	your
began	has	man	see	under	
behind	have	many	she	up	
big	he	me	should	us	
both	help	much	so	use	
but	her	must	some	very	
by	here	my	sometimes	want	
bye	him	next	soon	was	
can	himself	no	still		